



**FOREST**  
Veterinary Centre

[www.forestvets.com](http://www.forestvets.com)

## **DISCHARGE INFORMATION SHEET** **RADIOIODINE TREATMENT**

Your cat will be discharged from the radioiodine unit when the radioactivity in the thyroid gland, urine, and faeces are well below the public dose limit set by the environment agency. The resultant risk to the family and members of the public is very low. We are all exposed to natural sources of radiation but for the **first week** home the following guidelines should be followed:

- Keep your cat indoors.
- Avoid close contact such as cuddling, face to face contact, or licking.
- Do not allow your cat to sleep in the bed, or in the bedroom, especially children's rooms.
- Women who are pregnant, or may be pregnant, should not come into contact with your cat.
- Wash your hands after handling your cat.
- There will be a small amount of radioactivity in the urine and faeces so soiled litter should be handled with gloves. Soiled litter should be stored for one week before disposal in general waste, or consider using flushable cat litter so as the waste can be flushed down the toilet.

Your cat will need follow up blood tests three and six months post treatment to check the thyroid levels have come down and the kidney function. This can be done with your own vet (please ask them to forward the results) or at our surgery if you wish.

After one week your cat can go out and get back to his or her normal regime.

Please do not hesitate to contact the radioiodine unit if you have any questions or concerns.

**Main Centre & Hospital:** 78 Hemnall Street, Epping Essex CM16 4LQ

**Woodford Bridge:** 32 Waltham Road, Woodford Bridge, Essex IG8 8EB

**Harlow:** Eastwick Lodge, Harlow, Essex, CM20 2QT

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