



FOREST
Veterinary Centre

www.forestvets.com

Spring Newsletter 2017



WE'RE HERE TO HELP YOU GET YOUR PET INTO SHAPE

This is the time of year when we usually think about getting fit and losing those pounds we put on over the festive holiday. But do your pets need to lose a few pounds too? Many of the cats and dogs brought into our surgeries are overweight and sometimes their illnesses are associated with or even made worse by their weight problems.

Did you realise that giving a 10kg dog just 25 grams of cheese is the equivalent of two large muffins for a human, and the same amount of cheese for a five kg cat is equivalent to three and a half hamburgers.



Two of our nurses, Natalie and Gemma, are running new weight clinics and if you think your pet needs to lose weight, please make an appointment to see them. They have lots of tips and advice to help you.

This is Buddy, one of our weight watching success stories of 2016. In June he weighed 53.7 kilos and needed surgery to repair an injured wrist (carpal joint). But he needed to lose weight before Glenn Bengtson could perform the operation. Buddy lost eight kilos, the surgery went well and he is continuing to lose weight – currently 38.5 kilos on the scales. That's a total loss of 15.2 kilos (33.5 pounds)! Well done Buddy.

MAKE NO BONES ABOUT IT!

This is George, who became very seriously ill just before Christmas after eating some cooked lamb bones. Kenny Gaffney saw George first thing in the morning and by midday he had deteriorated so much that he required emergency surgery to remove the bones which had become lodged in his intestines. He had to stay in our hospital for three days, but we are delighted to say that after lots of intensive nursing and cuddles from our nursing team he made a full recovery. Please remember not to allow your dogs to have cooked bones.



Main Centre & Hospital: 78 Hemnall Street, Epping Essex CM16 4LQ
Woodford Bridge: Waltham Road, Woodford Bridge, Essex IG8 8EB
Harlow: Eastwick Lodge, Harlow, Essex, CM20 2QT

Tel: 01992 575790
Tel: 0208 505 4078
Tel: 01279 437433

