



**FOREST**  
Veterinary Centre

[www.forestvets.com](http://www.forestvets.com)

# Autumn Newsletter 2017

## Nursing is more than a job, it's a work of heart...

Forest Veterinary Centre has an amazing team of 24 highly-trained and exceptionally-skilled nurses who care for your pets, 24 hours a day, 365 days a year.

We thought you might like to see what happens during a typical working day for one of our recently - qualified nurses. This is Sophie Dennis and here is a just a snapshot of a day in her life:

### In the morning...

The day starts at around 8am, with ward rounds to check the hospitalised pets. This includes a discussion with the vet about their progress and treatment plan.



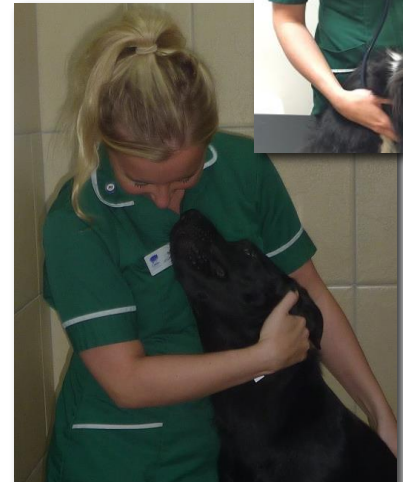
9am is the start of morning consults and Sophie assists the vet.



### Throughout the day...



During the day operations will take place and Sophie scrubs in to assist the vet. Our nurses help to prepare the patients for surgery and monitor the anaesthetic.



Some of the pets who have been in the hospital are well enough to go home in the afternoon and Sophie gives Todd a cuddle before she discharges him.

Nurses monitor the anaesthetic during an MRI procedure.



An important part of the day is dispensing medication prescribed by the vet.

**Main Centre & Hospital:** 78 Hemnall Street, Epping Essex CM16 4LQ  
**Woodford Bridge:** Waltham Road, Woodford Bridge, Essex IG8 8EB  
**Harlow:** Eastwick Lodge, Harlow, Essex, CM20 2QT

**Tel: 01992 575790**  
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## Did you know...



- ♥ Veterinary nurses have to complete 2,600 hours of practical experience.
- ♥ It takes up to three years of study to qualify.
- ♥ Veterinary nurses have to complete 15 hours of Continuing Professional Development training every year.
- ♥ Our nurses have to pass multiple written and practical exams in topics such as physiology, anatomy, pharmacology, radiology and anaesthetics.
- ♥ Trainees are mentored by a qualified nurse throughout their training.



Sophie Newick is now Mrs Cox, I am sure you would like to join us in wishing Sophie every happiness in her marriage to Peter. They had fabulous weather on the 14<sup>th</sup> October.

## Dogs, cats and fireworks

- Always keep dogs and cats inside around fireworks
- Walk your dog early before the fireworks start
- Close windows, doors, block off cat flaps to stop pets escaping.
- Ensure dogs are wearing some form of easily readable identification (ID) – even in the house.
- All dogs must be microchipped consider microchipping your cat too, so that if they do run away they have a better chance of being quickly reunited with you.
- Prepare a 'den' for your pet where it can feel safe and comfortable.
- Let your pet pace around, whine, meow and hide in a corner if they want to.
- Stay calm, act normally and give lots of praise for calm behaviour.
- Avoid leaving your pet alone during such potentially upsetting events.

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